



INSURANCE INFORMATION: Please completely fill out if you are using insurance benefits. Please also call your insurance company to find out all the following information prior to your first session. It is your responsibility to make sure you will be covered adequately at the time of service. If you do not have this information, you may be billed at the time of service. Please include all insurances if you have more than one, especially if you have both commercial and Medicaid. You must put both in order to be covered.

PRIMARY INSURANCE:

Your Name: _____ Your Bday: _____

Your Address: _____

Your phone #: _____

Insurance Company: _____ Plan name: _____

Claims Address: _____

Provider Tel: _____ Ins Co Payer ID for electronic claims _____

Your Policy ID # _____ Group # _____

Are you the policy holder? _____ Relationship to policy holder _____

Primary policy holder: Name: _____ Tel: _____ Bday: _____

Primary policy holder address if different: _____

Mental health deductible? _____ Deductible amount? _____ \$ deductible met for yr? _____

When does deductible begin annually? _____ Max # sessions/year _____

Prior authorization necessary?: _____ Authorization # _____

Copay amount: _____ Coinsurance amount: _____ PCP name _____

PLEASE BRING A PHOTOCOPY (BOTH SIDES) OF YOUR INSURANCE CARD TO YOUR FIRST VISIT.

I give permission for C4VL to bill my insurance company for psychological services rendered.

Please sign: _____ **Date:** _____



*** IF YOU HAVE SECONDARY or SUPPLEMENTAL INSURANCE, PLEASE FILL OUT BELOW ***

Insurance Company: _____ Plan name: _____

Claims Address: _____

Provider Tel: _____ |

Your Policy ID # _____ Group # _____

Are you the policy holder? _____ Relationship to policy holder _____

Primary policy holder: Name: _____ Tel: _____ Bday: _____

Primary policy holder address if different: _____

PLEASE INITIAL EACH BOX BELOW, which indicates that you acknowledge the following information as described in the documents, Practice Guidelines and Policies and HIPAA (available on c4vl.com):

	My provider included licensure and regulatory board information in the Agreement / website.
	My therapist was available to answer questions on what I can expect about therapy and my rights.
	My provider's fee for therapy ranges from \$120-150/session, depending on time spent or code used.
	My provider's late cancel / no-show fee for time reserved is as follows:
	* The cancellation / no show fee is \$120. I am responsible for paying this fee, unless I have made other arrangements with a guarantor, in writing, signed by that person or if I am legally exempt (Medicaid or EAP only). If I miss multiple sessions, my therapist reserves the right to terminate therapy and refer out.
	* Requires 48 hours / 2 days notice for cancelation.
	* No reimbursement from insurance for missed sessions or late cancels = client responsibility
	* When schools / businesses close for inclement weather, imminent life-threatening illnesses, <u>inpatient</u> hospitalizations, death to loved ones, client may cancel with less than 48 hours.
	No appointment reminders given; client responsibility to keep track of time, date, and location.
	Copays are due at the time of service or full payment if no insurance being used. Payments can be made via cash, credit card (can be kept on file and is PCI compliant), or check.
	Client responsibility to confirm mental health benefits and know what the ongoing patient responsibility is (copays, coinsurance, deductible, etc).
	Contact – phone/ email /text policy reviewed – used for non-emergency, no text messages accepted
	Limits to Confidentiality = harm to self, harm to others, child abuse; general confidentiality reviewed
	Minor policy, if applicable, was reviewed. Minor paperwork will be filled out / provided if applicable.
	C4VL may provide me a referral to another therapist in the group if I do not find my initial therapist to be a good fit for my therapeutic needs.



What are the reasons you are seeking therapy at this time?

<input type="checkbox"/> depression	<input type="checkbox"/> anger management	<input type="checkbox"/> grief / loss
<input type="checkbox"/> anxiety	<input type="checkbox"/> panic attacks	<input type="checkbox"/> school or work problems
<input type="checkbox"/> mood swings	<input type="checkbox"/> stress management	<input type="checkbox"/> sexuality / gender identity
<input type="checkbox"/> relationship problems	<input type="checkbox"/> trauma history	<input type="checkbox"/> disordered eating
<input type="checkbox"/> low self esteem	<input type="checkbox"/> bipolar	<input type="checkbox"/> trust issues
<input type="checkbox"/> family problems	<input type="checkbox"/> addiction issues	<input type="checkbox"/> Other: please explain below

What are you hoping to gain from therapy? _____

Treatment plan / goals / additional info: (Please check all that apply or write in)

<input type="checkbox"/> reduce depression	<input type="checkbox"/> grief / loss	<input type="checkbox"/> work on trauma
<input type="checkbox"/> reduce anxiety / stress management	<input type="checkbox"/> anger management	<input type="checkbox"/> increase self esteem
<input type="checkbox"/> improve relationships with others	<input type="checkbox"/> address addiction issues	<input type="checkbox"/> sexuality / gender identity
<input type="checkbox"/> clarify values / work on living life more meaningfully	<input type="checkbox"/> reduce disordered eating behaviors	<input type="checkbox"/> acceptance of life circumstances
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Please check any of the following symptoms you have experienced recently. Also, indicate anything in which you have a long-standing history:

<u>Recent</u>	<u>History</u>	<u>Symptom</u>	<u>Recent</u>	<u>History</u>	<u>Symptom</u>
		Depressed or sad mood			Changes in sleep
		Crying spells			Sleeping over 10 hrs a night
		Exhaustion / tiredness			Difficulty falling asleep
		Feeling guilty, worthless, helpless, or hopeless			Frequent or early morning awakening
		Changes in appetite / eating			Sleeping only a few hours a night for several days at a time
		Not wanting to do things you once enjoyed			Decreased need for sleep
		Suicidal thoughts or behaviors; thoughts of death			Frequent mood swings
		Poor body image			Feeling "too good" or "high on life"
		Low self-esteem			Increased confidence
		Sexual problems			Increased energy
		Frequent headaches			Racing thoughts
		Worry, tension, anxiety			Reckless or risk-taking behaviors
		Need for control			Poor judgment
		Excessive fears			Restlessness / irritability
		Nightmares			Increased creativity / productivity
		Constant awareness of what is around you			Hearing or seeing things or ppl that others tell you are not there
		Avoiding ppl, places, things			Suspicious of others
		Urges to do things perfectly			Not desiring to be social
		Recurrent thoughts or behaviors			Fear of being outside or around others
		Angry outbursts or arguments with others			Feeling like you are not in your own body
		Aggressive behaviors			Panic attacks



Race: African-American/Black Hispanic/Latino(a) Native American Asian
 Caucasian/White Pacific Islander Other: _____

* Please indicate how you self-identify, as these categories may not best apply.

First language: _____ Other languages: _____

Others living in your household:

First name _____ Relationship to you _____

Who would you consider your emotional support network? _____

Have you had previous mental health treatment? Yes No
 Provider name(s) _____ Dates _____

Relationship Status and History: (Circle ALL that apply that are important to your history).

Single Married Separated Divorced (Single) Divorced (Remarried) Widowed
 Committed Relationship Other _____

Please briefly indicate anything about your current or past relationship history that would be relevant to your treatment. _____

Please briefly describe your family of origin (parents/guardians, siblings, grandparents, etc.) How would you describe your relationships with these people during childhood? Now? _____

Substance Use

Drug	How often	How much	Age began	Treated?	Problem bx?
Alcohol					
Marijuana					



Other – specify					

Suicide and self-harm

Current thoughts of hurting yourself? _____ Current plan/ method? _____

Previous thoughts or attempt(s)? _____

Homicide and Harm to Others

Current thoughts of hurting someone else? _____

Current plan / method? _____ History of violence? _____

Criminal Hx: Misdemeanors? Felonies? When? For what?

Trauma hx? Physical Abuse? Sexual Abuse?

Abuse reported? By whom? To whom? When?

Describe education and/or work history.

Have you ever taken any medications on a regular basis? If yes, please list medications and doses.

Have any of your blood relatives had the following or taken medication for any of these conditions?

Depression: Yes No (their relation to you?) _____

Anxiety or severe nervousness: Yes No _____

Mental or nervous breakdown: Yes No _____

Alcoholism or drug addictions: Yes No _____

Mood swings or strange behavior: Yes No _____



PROVIDERS DISCLOSURE AND LOCATIONS:

(Our providers contract to work with C4VL so they may take insurance and many work out of their own practice locations. Please refer to your insurance plan to determine if your provider is in-network with your particular plan. Providers will schedule their own appointments.)

Lisa Michelle Griffiths, PsyD	PSY # 3615	2620 S. Parker Rd. #272, Aurora, CO 80014
Angela Clark, MA	LPC # 0012011	2620 S. Parker Rd. #272, Aurora, CO 80014
Kacy Behrend, MA, LAC	LPC # 0013833	2620 S. Parker Rd. #272, Aurora, CO 80014
Dorothy Sanchez, MS	LPC # 1784	2620 S. Parker Rd. #272, Aurora, CO 80014
Patty Ramlet, MA	LPC # 1889	2620 S. Parker Rd. #272, Aurora, CO 80014
Nathalye Moreno, MA	LPC # 0014010	2620 S. Parker Rd. #272, Aurora, CO 80014
Mary Kathryn Reisel, MSW ATR	LCSW # 1032	400 East Simpson St, #G1 Lafayette CO 80026
Gregory Keppler, MA	LPC # 0013724	8120 Sheridan Blvd, Bldg C, Suite 108, Westminster, CO 80003
Erin Dittelberger, MA	LPC # 6147	600 S. Airport Rd., Longmont, CO 80501
Lynda J. Hilburn, MA, CAC II	LPC # 1569	* 2955 Valmont Rd., #230, Boulder, CO 80301 * 2000 120th Ave., #13, Westminster, CO 80234
Danielle Weiss, MA	LCSW # 09924597	3008 Folsom St., Boulder, CO 80302
Amber Chambless, MA, EdD	LPC # 0012712	5500 Greenwood Plaza Blvd, Suite 110, Greenwood Village, CO 80111
Diana C Pitaru, MS	LPC # 0012105	2480 East 14th Avenue, Denver, CO 80206
Stephanie Konter- O'Hara, MA	LPC # 0013108	2095 W 6 th Ave., #213, Broomfield, CO 80220
Theresa London, MSW	LCSW # 09924302	39025 County Rd. 21, Elizabeth, CO 80107
Steve Portenga, PhD	PSY # 2922	88 Inverness Circle East, A207, Englewood, CO 80112



CREDIT CARD AGREEMENT

PLEASE READ: Please fill this out if you would like Center for Valued Living, PLLC (“C4VL”) to use a credit card to remit any necessary payments in lieu of using a check or cash. By signing this agreement, you acknowledge and accept the credit card terms and conditions listed on the C4VL.com website. We will use this credit card to pay any balance in full for the client. This includes any balance for copay, coinsurance, deductible, or charges for late cancels or missed sessions. **If we know the copay, cards will be charged soon after the appointment. If not, cards will be charged once claims have been processed; it can take a minimum of 30-45 days from the date of service but can sometimes take longer depending on the insurance.** Please use black ink and write legibly. This form can be faxed directly to Julie Burke @ Flatirons Practice Mgmt, our billing company at 866-715-5418.

Client: _____

Signature of Cardholder only please

Date

Billing Address for Cards:

Special Instructions:

Phone Number: _____

Type of Card:

Visa Master Card

Card Number: _____/_____/_____/_____

Expiration Date: ____/____ (mm/yyyy)

Security Number on back of Card: _____

Exact Name on Card: _____

Please use the following card as a “backup” for the first, in case it does not allow charges.

Type of Card:

Visa Master Card

Card Number: _____/_____/_____/_____

Expiration Date: ____/____ (mm/yyyy)

Security Number on back of Card: _____

Exact Name on Card: _____