





**INSURANCE INFORMATION:** Please completely fill out if you are using insurance benefits. Please also call your insurance company to find out all the following information prior to your first session. It is your responsibility to make sure you will be covered adequately at the time of service. If you do not have this information, you may be billed at the time of service.

**PRIMARY INSURANCE:**

Your Name: \_\_\_\_\_ Your Bday: \_\_\_\_\_  
Your Address: \_\_\_\_\_  
Your phone #: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Plan name: \_\_\_\_\_  
Claims Address: \_\_\_\_\_  
Provider Tel: \_\_\_\_\_ Ins Co Payer ID for electronic claims \_\_\_\_\_

Your Policy ID # \_\_\_\_\_ Group # \_\_\_\_\_  
Are you the policy holder? \_\_\_\_\_ Relationship to policy holder \_\_\_\_\_  
Primary policy holder: Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Bday: \_\_\_\_\_  
Primary policy holder address if different: \_\_\_\_\_

Mental health deductible? \_\_\_\_\_ Deductible amount? \_\_\_\_\_ \$ deductible met for yr? \_\_\_\_\_  
When does deductible begin annually? \_\_\_\_\_ Max # sessions/year \_\_\_\_\_  
Prior authorization necessary?: \_\_\_\_\_ Authorization # \_\_\_\_\_

Copay amount: \_\_\_\_\_ Coinsurance amount: \_\_\_\_\_ PCP name \_\_\_\_\_

**PLEASE BRING A PHOTOCOPY (BOTH SIDES) OF YOUR INSURANCE CARD TO YOUR FIRST VISIT.**

I give permission for C4VL to bill my insurance company for psychological services rendered.  
**Please sign:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**PLEASE INITIAL EACH BOX BELOW, which indicates that you acknowledge the following information as described in the documents, Practice Guidelines and Policies and HIPAA (available on c4vl.com):**

|  |   |
|--|---|
|  | My provider included licensure and regulatory board information which is on the website.  |
|  | My therapist was available to answer questions on what I can expect about therapy and my rights.  |
|  | My provider's fee for therapy ranges from \$120-150/session, depending on time spent or code used.  |
|  | <b>My provider's late cancel / no-show fee for time reserved is as follows:</b>   |
|  | <b>* The cancelation / no show fee is \$120. I am responsible for paying this fee, unless I have made other arrangements with a guarantor, in writing, signed by that person or if I am legally exempt (Medicaid or EAP only). If I miss multiple sessions, my therapist reserves the right to terminate therapy and refer out.</b> |
|  | <b>* Requires 48 hours / 2 days notice for cancelation.</b>   |
|  | * No reimbursement from insurance for missed sessions or late cancels = client responsibility   |
|  | * When schools / businesses close for inclement weather, imminent life-threatening illnesses, <u>inpatient</u> hospitalizations, death to loved ones, client may cancel w/ less than 48 hours.  |
|  | No appointment reminders given; client responsibility to keep track of time, date, and location.  |
|  | Copays are due at the time of service or full payment if no insurance being used. Payments can be made via cash, credit card (can be kept on file and is PCI compliant), or check.  |
|  | Client responsibility to confirm mental health benefits and know what the ongoing patient responsibility is (copays, coinsurance, deductible, etc).   |
|  | Contact – phone/ email /text policy reviewed – email and text used for non-emergency only   |
|  | Limits to Confidentiality = harm to self or others, child abuse; general confidentiality reviewed   |
|  | Minor policy, if applicable, was reviewed. Minor paperwork will be filled out / provided if applicable.   |
|  | C4VL may provide me a referral to another therapist in the group if I do not find my initial therapist to be a good fit for my therapeutic needs.   |

**\*\*\* IF YOU HAVE SECONDARY INSURANCE, PLEASE FILL OUT BELOW \*\*\***

Insurance Company: \_\_\_\_\_ Plan name: \_\_\_\_\_

Claims Address: \_\_\_\_\_

Provider Tel: \_\_\_\_\_ |

Your Policy ID # \_\_\_\_\_ Group # \_\_\_\_\_

Are you the policy holder? \_\_\_\_\_ Relationship to policy holder \_\_\_\_\_

Primary policy holder: Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Bday: \_\_\_\_\_

Primary policy holder address if different: \_\_\_\_\_



What are the reasons you are seeking therapy at this time?

|  |  |  |
|--|--|--|
| <input type="checkbox"/> depression                  | <input type="checkbox"/> PTSD / trauma history       | <input type="checkbox"/> grief / loss                      |
| <input type="checkbox"/> general anxiety             | <input type="checkbox"/> panic attacks               | <input type="checkbox"/> school or work problems           |
| <input type="checkbox"/> mood swings / bipolar       | <input type="checkbox"/> stress management           | <input type="checkbox"/> sexuality / gender identity       |
| <input type="checkbox"/> relationship problems       | <input type="checkbox"/> ADHD                        | <input type="checkbox"/> disordered eating                 |
| <input type="checkbox"/> low self esteem             | <input type="checkbox"/> obsessive/compulsive (OCD)  | <input type="checkbox"/> trust issues                      |
| <input type="checkbox"/> family problems             | <input type="checkbox"/> addiction / substance abuse | <input type="checkbox"/> auditory or visual hallucinations |
| <input type="checkbox"/> social anxiety              | <input type="checkbox"/> anger management            | <input type="checkbox"/> traumatic brain injury            |
| <input type="checkbox"/> Other: please explain below | <input type="checkbox"/> Other: please explain below | <input type="checkbox"/> Other: please explain below       |

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What are you hoping to gain from therapy? \_\_\_\_\_

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Treatment plan / goals / additional info: (Please check all that apply or write in)

|   |   |   |
|---|---|---|
| <input type="checkbox"/> reduce depression                                      | <input type="checkbox"/> grief / loss                       | <input type="checkbox"/> work on trauma                   |
| <input type="checkbox"/> reduce anxiety / stress management                     | <input type="checkbox"/> anger management                   | <input type="checkbox"/> increase self esteem             |
| <input type="checkbox"/> improve relationships with others                      | <input type="checkbox"/> address addiction issues           | <input type="checkbox"/> sexuality / gender identity      |
| <input type="checkbox"/> clarify values / work on living life more meaningfully | <input type="checkbox"/> reduce disordered eating behaviors | <input type="checkbox"/> acceptance of life circumstances |
| <input type="checkbox"/> improve coping skills                                  | <input type="checkbox"/>                                    | <input type="checkbox"/>                                  |
| <input type="checkbox"/>  | <input type="checkbox"/>                                    | <input type="checkbox"/>                                  |
| <input type="checkbox"/>  | <input type="checkbox"/>                                    | <input type="checkbox"/>                                  |



Race: African-American/Black    Hispanic/Latino(a)    Native American    Asian  
 Caucasian/White    Pacific Islander    Other: \_\_\_\_\_

\* Please indicate how you self-identify, as these categories may not best apply.

First language: \_\_\_\_\_ Other languages: \_\_\_\_\_

Others living in your household:

First name \_\_\_\_\_ Relationship to you \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Who would you consider your emotional support network? \_\_\_\_\_

Have you had previous mental health treatment?  Yes  No

Provider name(s) \_\_\_\_\_ Dates \_\_\_\_\_  
 \_\_\_\_\_

Relationship Status and History: (Circle ALL that apply that are important to your history).

Single    Married    Separated    Divorced (Single)    Divorced (Remarried)    Widowed  
 Committed Relationship    Other \_\_\_\_\_

Please briefly indicate anything about your current or past relationship history that would be relevant to your treatment. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please briefly describe your family of origin (parents/guardians, siblings, grandparents, etc.) How would you describe your relationships with these people during childhood? Now? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Substance Use

| Drug      | How often | How much | Age began | Treated? | Problem bx? |
|-----------|-----------|----------|-----------|----------|-------------|
| Alcohol   |           |          |           |          |             |
| Marijuana |           |          |           |          |             |



|                 |  |  |  |  |  |
|-----------------|--|--|--|--|--|
| Other – specify |  |  |  |  |  |
|-----------------|--|--|--|--|--|

Suicide and self-harm

Current thoughts of hurting yourself? \_\_\_\_\_ Current plan/ method? \_\_\_\_\_

Previous thoughts or attempt(s)? \_\_\_\_\_

Homicide and Harm to Others

Current thoughts of hurting someone else? \_\_\_\_\_

Current plan / method? \_\_\_\_\_ History of violence? \_\_\_\_\_

Criminal History: Misdemeanors? Felonies? When? For what?

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Trauma history? Physical Abuse? Sexual Abuse?

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Abuse reported? By whom? To whom? When?

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Describe education and/or work history.

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Have you ever taken any medications on a regular basis? If yes, please list medications and doses.

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Any other relevant info:

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**CREDIT CARD AGREEMENT**

**PLEASE READ:** Please fill this out if you would like Center for Valued Living, PLLC (“C4VL”) to use a credit card to remit any necessary payments in lieu of using a check or cash. By signing this agreement, you acknowledge and accept the credit card terms and conditions listed on the C4VL.com website. We will use this credit card to pay any balance in full for the client. This includes any balance for copay, coinsurance, deductible, or charges for late cancels or missed sessions. **If we know the copay, cards will be charged soon after the appointment. If not, cards will be charged once claims have been processed; it can take a minimum of 30-45 days from the date of service but can sometimes take longer depending on the insurance.** Please use black ink and write legibly. This form can be faxed directly to Julie Burke @ Flatirons Practice Mgmt, our billing company at 866-715-5418.

Client: \_\_\_\_\_

\_\_\_\_\_  
Signature of Cardholder only please

\_\_\_\_\_  
Date

**Billing Address for Cards:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Special Instructions:

\_\_\_\_\_  
\_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Type of Card:**

Visa  Master Card

**Card Number:** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Expiration Date:** \_\_\_\_/\_\_\_\_ (mm/yyyy)

**Security Number on back of Card:** \_\_\_\_\_

**Exact Name on Card:** \_\_\_\_\_

**Please use the following card as a “backup” for the first, in case it does not allow charges.**

**Type of Card:**

Visa  Master Card

**Card Number:** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Expiration Date:** \_\_\_\_/\_\_\_\_ (mm/yyyy)

**Security Number on back of Card:** \_\_\_\_\_

**Exact Name on Card:** \_\_\_\_\_