



Newsletter

OCTOBER EDITION

Domestic Violence Awareness Month (DVAM) is a chance for anyone and everyone to unite in the work to end domestic violence. We invite advocates, loved ones, supporters, and political leaders to join in **solidarity to listen to and uplift survivors directly**. With so many people speaking in a unified voice throughout October, we can raise our collective awareness about domestic violence to **end abuse for good**.



SCAN HERE TO LEARN MORE AND ACCESS RESOURCES OR VISIT:
<https://www.thehotline.org/>



KNOWLEDGE IS POWER



Identify Abuse: Recognizing abuse is the first step



Support Others



Plan for Safety: Your safety is first priority.



Need Help Now?
Call: 1.800.799.SAFE (7233)
Text: "START" to 88788



Have you ever wondered?

- What are the advantages and disadvantages of disclosing at work that I have ADHD? +
- Why are there so many people with ADHD in the prison population? +
- Are there supplements that can improve ADHD symptoms? +
- If my child is diagnosed with ADHD, won't they be labeled? +
- What are the long-term health implications of ADHD? +
- Why should I consider parent training? +
- How can I best parent my ADHD child? +
- Why does ADHD seem to run in families? +

SCAN HERE FOR ANSWERS TO THESE QUESTIONS AND MUCH MORE



Get Support At C4VL

Now offering Autism Spectrum Disorder Assessment & **ADHD Assessments for Adults with Medicaid** & out-of-pocket rates, or Superbill options

CALL TODAY to speak with our Scheduling Team!

720-347-8559





National Substance Use Prevention Month

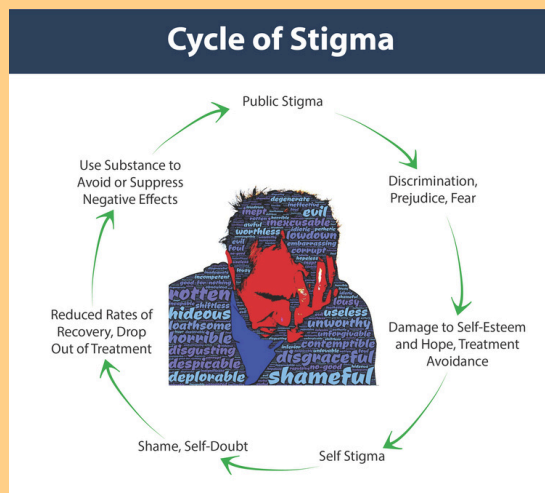
OCTOBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

What is Substance Use Prevention Month?

A time for communities to come together to provide education surrounding substance use disorder (SUD), while also honoring individuals in recovery, and those who support them. It is an opportunity to recognize those whose lives have been deeply impacted by SUD.

Let's help, not hurt.

Words matter when it comes to substance use.

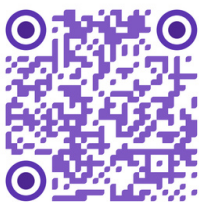


End the Stigma

Stigma is a major barrier to seeking help and to sustaining recovery.

How to Get Involved

- Help End the Stigma: Join the No Shame Movement
- Learn How to Save a Life
- Volunteer
- Red Ribbon Week



Rx Take-Back Day

October 26th, 2024



- National Prescription Drug Take-Back Day encourages safe removal of medications from homes as a preventative measure.
- In 2023, Colorado had 81 collection sites and collected 7,988 pounds of unneeded medication.
- Find a collection site near you: <https://www.dea.gov/takebackday>

Scan QR code for more information and learn other ways to get involved.

Facts About Substance Use Disorder and Recovery in the U.S.

